

# Sickle Cell Anemia, a Molecular Disease<sup>1</sup>

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THE ERYTHROCYTES of certain individuals possess the capacity to undergo reversible changes in shape in response to changes in the partial pressure of oxygen. When the oxygen pressure is lowered, these cells change their forms from the normal biconcave disk to crescent, holly wreath, and other forms. This process is known as sickling. About 8 percent of American Negroes possess this characteristic; usually they exhibit no pathological consequences ascribable to it. These people are said to have sickle cell anemia, or sickle cell trait. However, about 1 in 40 (4) of these individuals whose cells are capable of sickling suffer from a severe chronic anemia resulting from excessive destruction of their erythrocytes; the term sickle cell anemia is applied to their condition.

The main observable difference between the erythrocytes of sickle cell trait and sickle cell anemia has been that a considerably greater reduction in the partial pressure of oxygen is required for a major fraction of the trait cells to sickle than for the anemia cells (11). Tests *in vivo* have demonstrated that between 30 and 60 percent of the erythrocytes in the venous circulation of sickle cell anemic individuals, but less than 1 percent of those in the venous circulation of sickle cell individuals, are normally sickled. Experiments *in vitro* indicate that under sufficiently low oxygen pressure, however, all the cells of both types assume the sickled form.

The evidence available at the time that our investigation was begun indicated that the process of sickling might be intimately associated with the state and the nature of the hemoglobin within the erythrocyte. Sick cell erythrocytes in which the hemoglobin is combined with oxygen or carbon monoxide have the biconcave disk contour and are indistinguishable in

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that form from normal erythrocytes. In this condition they are termed promesococytes. The hemoglobin appears to be uniformly distributed and randomly oriented within normal cells and promesococytes, and no birefringence is observed. Both types of cells are very flexible. If the oxygen or carbon monoxide is removed, however, transforming the hemoglobin to the uncombined state, the promesococytes undergo sickling. The hemoglobin within the sickled cells appears to aggregate into one or more foci, and the cell membranes collapse. The cells become birefringent (11) and quite rigid. The addition of oxygen or carbon monoxide to these cells reverses these phenomena. Thus the physical effects just described depend on the state of combination of the hemoglobin, and only secondarily, if at all, on the cell membrane. This conclusion is supported by the observation that sickled cells when lysed with water produce discoidal, rather than sickle-shaped, ghosts (10).

It was decided, therefore, to examine the physical and chemical properties of the hemoglobins of individuals with sickle cell anemia and sickle cell anemia, and to compare them with the hemoglobin of normal individuals to determine whether any significant differences might be observed.

## EXPERIMENTAL METHODS

The experimental work reported in this paper deals largely with an electrophoretic study of these hemoglobins. In the first phase of the investigation, which concerned the comparison of normal and sickle cell anemia hemoglobins, three types of experiments were performed: 1) with carbonmonoxyhemoglobins; 2) with uncombined ferrohemoglobins in the presence of dithionite ion, to prevent oxidation to methemoglobins; and 3) with carbonmonoxyhemoglobins in the presence of dithionite ion. The experiments of type 3 were performed and compared with those of type 1 in order to ascertain whether the dithionite ion itself causes any specific electrophoretic effect.

Samples of blood were obtained from sickle cell anemic individuals who had not been transfused within three months prior to the time of sampling. Stroma-free concentrated solutions of human adult hemoglobin were prepared by the method used by Drabkin (3). These solutions were diluted just before use with the

appropriate buffer until the hemoglobin concentrations were close to 0.5 grams per 100 milliliters, and then were dialyzed against large volumes of these buffers for 12 to 24 hours at 4° C. The buffers for the experiments of types 2 and 3 were prepared by adding 300 ml of 0.1 ionic strength sodium dithionite solution to 3.5 liters of 0.1 ionic strength buffer. About 100 ml of 0.1 molar NaOH was then added to bring the pH of the buffer back to its original value. Ferrohämoglobin solutions were prepared by diluting the

concentrated solutions with this dithionite-containing buffer and dialyzing against it under a nitrogen atmosphere. The hemoglobin solutions for the experiments of type 3 were made up similarly, except that they were saturated with carbon monoxide after dilution and were dialyzed under a carbon monoxide atmosphere. The dialysis bags were kept in continuous motion in the buffers by means of a stirrer with a mercury seal to prevent the escape of the nitrogen and carbon monoxide gases.

The experiments were carried out in the modified Tiselius electrophoresis apparatus described by Swingle (14). Potential gradients of 4.8 to 8.4 volts per centimeter were employed, and the duration of the runs varied from 6 to 20 hours. The pH values of the buffers were measured after dialysis on samples which had come to room temperature.

### RESULTS

The results indicate that a significant difference exists between the electrophoretic mobilities of hemoglobin derived from erythrocytes of normal individuals and from those of sickle cell anemic individuals. The two types of hemoglobin are particularly easily distinguished as the carbonmonoxy compounds at pH 6.9 in phosphate buffer of 0.1 ionic strength. In this buffer the sickle cell anemia carbonmonoxyhemoglobin moves as a positive ion, while the normal compound moves as a negative ion, and there is no detectable amount of one type present in the other.<sup>4</sup> The hemoglobin derived from erythrocytes of individuals with sickle cell anemia, however, appears to be a mixture of the normal hemoglobin and sickle cell anemia hemoglobin in roughly equal proportions. Up to the present time the hemoglobins of 15 persons with sickle cell anemia, 8 persons with sickle cell anemia, and 7 normal adults have been examined. The hemoglobins of normal adult white and negro individuals were found to be indistinguishable.

The mobility data obtained in phosphate buffers of 0.1 ionic strength and various values of pH are summarized in Figs. 1 and 2.<sup>5</sup>

<sup>4</sup> Occasionally small amounts (less than 5 percent of the total protein) of material with mobilities different from that of either kind of hemoglobin were observed in these uncrystallized hemoglobin preparations. According to the observations of Stern, Reiner, and Silber (12) a small amount of a component with a mobility smaller than that of oxyhemoglobin is present in human erythrocyte hemolyzates.

<sup>5</sup> The results obtained with carbonmonoxyhemoglobins with and without dithionite ion in the buffers indicate that the dithionite ion plays no significant role in the electrophoretic properties of the proteins. It is therefore of interest that ferrohämoglobin was found to have a lower isoelectric point in phosphate buffer than carbonmonoxyhemoglobin. Titration studies have indicated (5, 6) that oxyhemoglobin (similar in electrophoretic properties to the carbonmonoxy compound) has a lower isoelectric point than ferrohämoglobin in

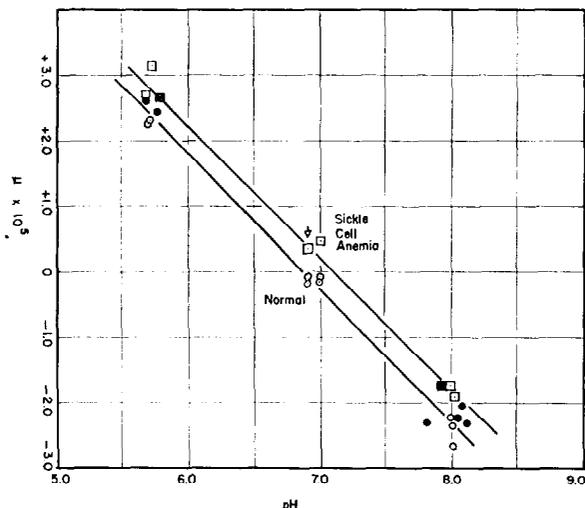


FIG. 1. Mobility ( $\mu$ )-pH curves for carbonmonoxyhemoglobins in phosphate buffers of 0.1 ionic strength. The black circles and black squares denote the data for experiments performed with buffers containing dithionite ion. The open square designated by the arrow represents an average value of 10 experiments on the hemoglobin of different individuals with sickle cell anemia. The mobilities recorded in this graph are averages of the mobilities in the ascending and descending limbs.

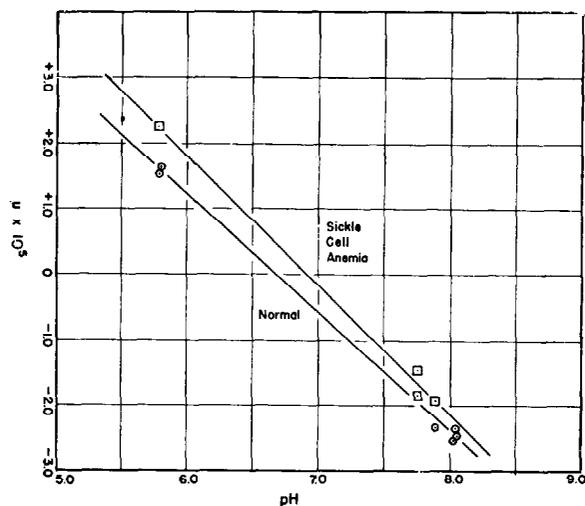


FIG. 2. Mobility ( $\mu$ )-pH curves for ferrohämoglobins in phosphate buffers of 0.1 ionic strength containing dithionite ion. The mobilities recorded in the graph are averages of the mobilities in the ascending and descending limbs.

The isoelectric points are listed in Table 1. These results prove that the electrophoretic difference between normal hemoglobin and sickle cell anemia hemoglobin

TABLE 1

ISOELECTRIC POINTS IN PHOSPHATE BUFFER,  $\mu = 0.1$ 

Compound	Normal	Sickle cell anemia	Difference
Carbonmonoxyhemoglobin	6.87	7.09	0.22
Ferrohemoglobin	6.87	7.09	0.22

exists in both ferrohemoglobin and carbonmonoxyhemoglobin. We have also performed several experiments in a buffer of 0.1 ionic strength and pH 6.52 containing 0.08 M NaCl, 0.02 M sodium cacodylate, and 0.0083 M cacodylic acid. In this buffer the average mobility of sickle cell anemia carbonmonoxyhemoglobin is  $2.63 \times 10^{-5}$ , and that of normal carbonmonoxyhemoglobin is  $2.23 \times 10^{-5}$  cm/sec per volt/cm.<sup>6</sup>

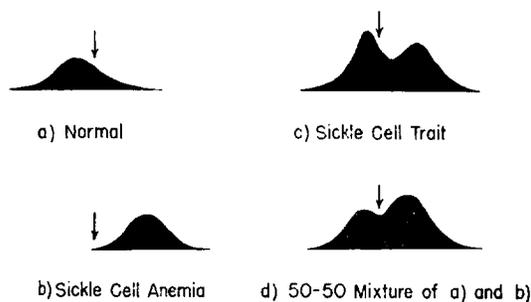


FIG. 3. Longsworth scanning diagrams of carbonmonoxyhemoglobins in phosphate buffer of 0.1 ionic strength and pH 6.90 taken after 20 hours' electrophoresis at a potential gradient of 4.73 volts/cm.

These experiments with a buffer quite different from phosphate buffer demonstrate that the difference between the hemoglobins is essentially independent of the buffer ions.

Typical Longsworth scanning diagrams of experiments with normal, sickle cell anemia, and sickle cell anemia carbonmonoxyhemoglobins, and with a mixture of the first two compounds, all in phosphate buffer of pH 6.90 and ionic strength 0.1, are reproduced in Fig. 3. It is apparent from this figure that the sickle cell material contains less than 50 percent of the anemia component. In order to determine this quantity accurately some experiments at a total protein concentra-

the absence of other ions. These results might be reconciled by assuming that the ferrous iron of ferrohemoglobin forms complexes with phosphate ions which cannot be formed when the iron is combined with oxygen or carbon monoxide. We propose to continue the study of this phenomenon.

\*The mobility data show that in 0.1 ionic strength cacodylate buffers the isoelectric points of the hemoglobins are increased about 0.5 pH unit over their values in 0.1 ionic strength phosphate buffers. This effect is similar to that observed by Longsworth in his study of ovalbumin (7).

tion of 1 percent were performed with known mixtures of sickle cell anemia and normal carbonmonoxyhemoglobins in the cacodylate-sodium chloride buffer of 0.1 ionic strength and pH 6.52 described above. This buffer was chosen in order to minimize the anomalous electrophoretic effects observed in phosphate buffers (7). Since the two hemoglobins were incompletely resolved after 15 hours of electrophoresis under a potential gradient of 2.79 volts/cm, the method of Tiselius and Kabat (16) was employed to allocate the

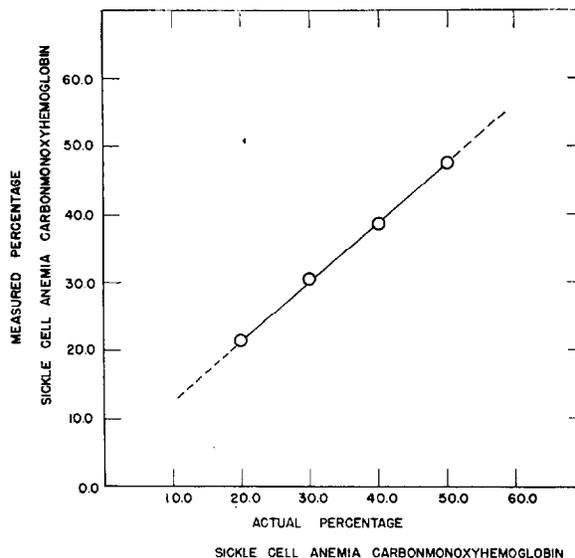


FIG. 4. The determination of the percent of sickle cell anemia carbonmonoxyhemoglobin in known mixtures of the protein with normal carbonmonoxyhemoglobin by means of electrophoretic analysis. The experiments were performed in a cacodylate sodium chloride buffer described in the text.

areas under the peaks in the electrophoresis diagrams to the two components. In Fig. 4 there is plotted the percent of the anemia component calculated from the areas so obtained against the percent of that component in the known mixtures. Similar experiments were performed with a solution in which the hemoglobins of 5 sickle cell individuals were pooled. The relative concentrations of the two hemoglobins were calculated from the electrophoresis diagrams, and the actual proportions were then determined from the plot of Fig. 4. A value of 39 percent for the amount of the sickle cell anemia component in the sickle cell anemia hemoglobin was arrived at in this manner. From the experiments we have performed thus far it appears that this value does not vary greatly from one sickle cell individual to another, but a more extensive study of this point is required.

Up to this stage we have assumed that one of the two components of sickle cell anemia hemoglobin is identical with sickle cell anemia hemoglobin and the other is identical with the normal compound. Aside from the

genetic evidence which makes this assumption very probable (see the discussion section), electrophoresis experiments afford direct evidence that the assumption is valid. The experiments on the pooled sickle cell carbonmonoxyhemoglobin and the mixture containing 40 percent sickle cell anemia carbonmonoxyhemoglobin and 60 percent normal carbonmonoxyhemoglobin in the cacodylate-sodium chloride buffer described above were compared, and it was found that the mobilities of the respective components were essentially identical.<sup>7</sup> Furthermore, we have performed experiments in which normal hemoglobin was added to a sickle cell anemia preparation and the mixture was then subjected to electrophoretic analysis. Upon examining the Longworth scanning diagrams we found that the area under the peak corresponding to the normal component had increased by the amount expected, and that no indication of a new component could be discerned. Similar experiments on mixtures of sickle cell anemia hemoglobin and sickle cell anemia preparations yielded similar results. These sensitive tests reveal that, at least electrophoretically, the two components in sickle cell anemia hemoglobin are identifiable with sickle cell anemia hemoglobin and normal hemoglobin.

#### DISCUSSION

1) *On the Nature of the Difference between Sickle Cell Anemia Hemoglobin and Normal Hemoglobin:* Having found that the electrophoretic mobilities of sickle cell anemia hemoglobin and normal hemoglobin differ, we are left with the considerable problem of locating the cause of the difference. It is impossible to ascribe the difference to dissimilarities in the particle weights or shapes of the two hemoglobins in solution: a purely frictional effect would cause one species to move more slowly than the other throughout the entire pH range and would not produce a shift in the isoelectric point. Moreover, preliminary velocity ultracentrifuge<sup>8</sup> and free diffusion measurements indicate that the two hemoglobins have the same sedimentation and diffusion constants.

The most plausible hypothesis is that there is a difference in the number or kind of ionizable groups in the two hemoglobins. Let us assume that the only groups capable of forming ions which are present in carbonmonoxyhemoglobin are the carboxyl groups in the heme, and the carboxyl, imidazole, amino, phenolic hydroxyl, and guanidino groups in the globin. The number of ions nonspecifically adsorbed on the two proteins should be the same for the two hemoglobins

<sup>7</sup>The patterns were very slightly different in that the known mixture contained 1 percent more of the sickle cell anemia component than did the sickle cell trait material.

<sup>8</sup>We are indebted to Dr. M. Moskowitz, of the Chemistry Department, University of California at Berkeley, for performing the ultracentrifuge experiments for us.

under comparable conditions, and they may be neglected for our purposes. Our experiments indicate that the net number of positive charges (the total number of cationic groups minus the number of anionic groups) is greater for sickle cell anemia hemoglobin than for normal hemoglobin in the pH region near their isoelectric points.

According to titration data obtained by us, the acid-base titration curve of normal human carbonmonoxyhemoglobin is nearly linear in the neighborhood of the isoelectric point of the protein, and a change of one pH unit in the hemoglobin solution in this region is associated with a change in net charge on the hemoglobin molecule of about 13 charges per molecule. The same value was obtained by German and Wyman (5) with horse oxyhemoglobin. The difference in isoelectric points of the two hemoglobins under the conditions of our experiments is 0.23 for ferroheme and 0.22 for the carbonmonoxy compound. This difference corresponds to about 3 charges per molecule. With consideration of our experimental error, sickle cell anemia hemoglobin therefore has 2-4 more net positive charges per molecule than normal hemoglobin.

Studies have been initiated to elucidate the nature of this charge difference more precisely. Samples of porphyrin dimethyl esters have been prepared from normal hemoglobin and sickle cell anemia hemoglobin. These samples were shown to be identical by their x-ray powder photographs and by identity of their melting points and mixed melting point. A sample made from sickle cell anemia hemoglobin was also found to have the same melting point. It is accordingly probable that normal and sickle cell anemia hemoglobin have different globins. Titration studies and amino acid analyses on the hemoglobins are also in progress.

2) *On the Nature of the Sickling Process:* In the introductory paragraphs we outlined the evidence which suggested that the hemoglobins in sickle cell anemia and sickle cell anemia erythrocytes might be responsible for the sickling process. The fact that the hemoglobins in these cells have now been found to be different from that present in normal red blood cells makes it appear very probable that this is indeed so.

We can picture the mechanism of the sickling process in the following way. It is likely that it is the globins rather than the hemes of the two hemoglobins that are different. Let us propose that there is a surface region on the globin of the sickle cell anemia, hemoglobin molecule which is absent in the normal molecule and which has a configuration complementary to a different region of the surface of the hemoglobin molecule. This situation would be somewhat analogous to that which very probably exists in antigen-antibody reactions (9). The fact that sick-

ling occurs only when the partial pressures of oxygen and carbon monoxide are low suggests that one of these sites is very near to the iron atom of one or more of the hemes, and that when the iron atom is combined with either one of these gases, the complementarity of the two structures is considerably diminished. Under the appropriate conditions, then, the sickle cell anemia hemoglobin molecules might be capable of interacting with one another at these sites sufficiently to cause at least a partial alignment of the molecules within the cell, resulting in the erythrocyte's becoming birefringent, and the cell membrane's being distorted to accommodate the now relatively rigid structures within its confines. The addition of oxygen or carbon monoxide to the cell might reverse these effects by disrupting some of the weak bonds between the hemoglobin molecules in favor of the bonds formed between gas molecules and iron atoms of the hemes.

Since all sickle cell anemia erythrocytes behave more or less similarly, and all sickle at a sufficiently low oxygen pressure (11), it appears quite certain that normal hemoglobin and sickle cell anemia hemoglobin coexist within each sickle cell; otherwise there would be a mixture of normal and sickle cell anemia erythrocytes in sickle cell blood. We might expect that the normal hemoglobin molecules, lacking at least one type of complementary site present on the sickle cell anemia molecules, and so being incapable of entering into the chains or three-dimensional frameworks formed by the latter, would interfere with the alignment of these molecules within the sickle cell erythrocyte. Lower oxygen pressures, freeing more of the complementary sites near the hemes, might be required before sufficiently large aggregates of sickle cell anemia hemoglobin molecules could form to cause sickling of the erythrocytes.

This is in accord with the observations of Sherman (11), which were mentioned in the introduction, that a large proportion of erythrocytes in the venous circulation of persons with sickle cell anemia are sickled, but that very few have assumed the sickle forms in the venous circulation of individuals with sickle cell anemia. Presumably, then, the sickled cells in the blood of persons with sickle cell anemia cause thromboses, and their increased fragility exposes them to the action of reticulo-endothelial cells which break them down, resulting in the anemia (1).

It appears, therefore, that while some of the details of this picture of the sickling process are as yet conjectural, the proposed mechanism is consistent with experimental observations at hand and offers a chemical and physical basis for many of them. Furthermore, if it is correct, it supplies a direct link between the existence of "defective" hemoglobin molecules and the pathological consequences of sickle cell disease.

3) *On the Genetics of Sickle Cell Disease*: A genetic basis for the capacity of erythrocytes to sickle was recognized early in the study of this disease (4). Taliaferro and Huck (15) suggested that a single dominant gene was involved, but the distinction between sickle cell anemia and sickle cell anemia was not clearly understood at the time. The literature contains conflicting statements concerning the nature of the genetic mechanisms involved, but recently Neel (8) has reported an investigation which strongly indicates that the gene responsible for the sickling characteristic is in heterozygous condition in individuals with sickle cell anemia, and homozygous in those with sickle cell anemia.

Our results had caused us to draw this inference before Neel's paper was published. The existence of normal hemoglobin and sickle cell anemia hemoglobin in roughly equal proportions in sickle cell anemia hemoglobin preparations is obviously in complete accord with this hypothesis. In fact, if the mechanism proposed above to account for the sickling process is correct, we can identify the gene responsible for the sickling process with one of an alternative pair of alleles capable through some series of reactions of introducing the modification into the hemoglobin molecule that distinguishes sickle cell anemia hemoglobin from the normal protein.

The results of our investigation are compatible with a direct quantitative effect of this gene pair; in the chromosomes of a single nucleus of a normal adult somatic cell there is a complete absence of the sickle cell gene, while two doses of its allele are present; in the sickle cell anemia somatic cell there exists one dose of each allele; and in the sickle cell anemia somatic cell there are two doses of the sickle cell gene, and a complete absence of its normal allele. Correspondingly, the erythrocytes of these individuals contain 100 percent normal hemoglobin, 40 percent sickle cell anemia hemoglobin and 60 percent normal hemoglobin, and 100 percent sickle cell anemia hemoglobin, respectively. This investigation reveals, therefore, a clear case of a change produced in a protein molecule by an allelic change in a single gene involved in synthesis.

The fact that sickle cell anemia erythrocytes contain the two hemoglobins in the ratio 40:60 rather than 50:50 might be accounted for by a number of hypothetical schemes. For example, the two genes might compete for a common substrate in the synthesis of two different enzymes essential to the production of the two different hemoglobins. In this reaction, the sickle cell gene would be less efficient than its normal allele. Or, competition for a common substrate might occur at some later stage in the series of reactions leading to the synthesis of the two hemoglobins. Mechanisms of this sort are discussed in more elaborate detail by Stern (13).

The results obtained in the present study suggest that the erythrocytes of other hereditary hemolytic anemias be examined for the presence of abnormal hemoglobins. This we propose to do.

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